

# CRONULLA HIGH SCHOOL



Dear Parent /Caregiver

## SWIMMING SKILLS ASSESSMENT

On **Tuesday 31 January 2023**, all Year 7 students will be leaving Cronulla High School at various times throughout the day to complete a Swimming Skills Assessment at **Swimmerz Academy Pool** (Wurrook Circuit, Caringbah).

The object of the assessment is to identify the swimming ability of each student which is important for events such as the school swimming carnival, school camp and excursions near the water. Students who are identified as a weak or non-swimmer (by a qualified instructor) will be required to participate in the Swim Fun Safety (SFS) program during Thursday *SUMMER SPORT I*.

**Equipment Required** - Students are required to bring a towel, swimming costume, hat, swimming goggles and swimming cap (optional) and wear sports uniform. It is recommended that students change into their costumes at school to ensure that they are ready to participate.

### YEAR 7 THURSDAY SUMMER SPORT I 2023

The following sports will be running during *SUMMER SPORT I* for Year 7

Each student will be assigned a group and will have the opportunity to participate in most of the sports listed below. The same group will rotate amongst these sports each week, allowing students to participate in a variety of activities.

The cost for Thursday *SUMMER SPORT I* & the swimming skills assessment will be \$65.00 and has been invoiced to each student.

<b>BEACH GAMES</b>	<b>FLIP OUT</b>	<b>FITNESS</b>
<b>BOAT HARBOUR WALK</b>	<b>LASER TAG</b>	<b>SURF SKILLS</b>
<b>COMPETITIVE GAMING</b>	<b>SAND DUNE GAMES</b>	<b>SWIM FUN SAFETY</b>

Students participating in *FLIP OUT* will need to complete the following link **PRIOR** to their group attending.

<https://www.flipout.net.au/waivers> Socks will be an additional cost of \$3.50 (payable on the day at the centre)



**Parent Authority:** I give permission for my child to participate in the Swimming Skills Assessment & each of the above sport choices for Year 7 Summer Sport I at a total cost of \$65.00.

**Please sign and return this permission slip on or before Tuesday 29 November 2022**

Student Name: ..... Roll class: .....

Student's special needs (allergies, asthma, diabetes, epilepsy) .....

Parent/Guardian Name: ..... Phone: .....

Parent/Guardian Signature: ..... Date: .....

*Any student who has **ASTHMA, DIABETES, EPILEPSY OR ALLERGIES** must carry their own medication.*

Excursions are held to broaden your child's learning experiences and often form a mandatory component of the course your child is studying. Please return the permission note and monies as quickly as possible in order for the necessary bookings to be confirmed and arrangements completed. As cancellation fees are now being charged by many organisations or service providers, your prompt response will ensure that this excursion will go ahead as planned.

- All students are required to wear full PE/Sport uniform each Thursday, including hat & correct footwear
- Any student without the necessary permission note, payment, and/or equipment will be placed on Sports Detention.
- All students are required to return to school and will be dismissed at 2.30pm.
- Students WILL NOT be dismissed from the venue.

Mr Sheldon / Mr Paddy / Mr Chantler  
**Sports Co-ordinators**