

# SPORT

MR SHELDON & MR PADDY (SPORTS COORDINATOR)  
MRS MADDERN & MR HODGSON (CARNIVALS)

# Overview

- \* Sport - Thursday afternoon (12.15 pm – 2.30 pm)
- \* Compulsory (Years 7 – 11)
- \* Correct PE uniform **MUST** be worn on Thursday

# Inappropriate Footwear



# Appropriate Footwear



# Important Dates

- \* **Week 1 Thursday 1<sup>st</sup> Feb** - Swimming skills assessment  
Various times throughout the day, at Swimerz Academy (Caringbah)  
Students will need: Googles  
Swimmers  
Towel  
Cap (not required, although recommended)
- \* **Week 1 Thursday 1<sup>st</sup> Feb**- Safe Water Entry/Dive induction at school
- \* **Week 2 Monday 5<sup>th</sup> Feb** – Swimming Carnival (Sans Souci Pool)
- \* **Week 2 Wed 7<sup>th</sup> –Fri 9<sup>th</sup>** – Year 7 Camp

# Sport and Leave

- \* Sport is compulsory
- \* Only 4 Early Leaves a year, one per term.
- \* Sport is NOT a time for medical appointments
- \* All students are required to return to school after sport

# Sick & Injured

- \* A room is provided for those that cannot attend sport due to illness or injury.
- \* As mentioned previously, this is not a time to book appointments. It is a normal school day and students are expected to be at school.
- \* Students will be able to use this time to complete independent study/work such as homework and assessment tasks.

# Approval for Leave

- \* A signed note must be brought in from home, preferably before Thursday if it is an organised appointment/commitment.
- \* **On the note must be:**
- \* Students name
- \* Year group (7)
- \* Reason for leave request
- \* Time they wish to be picked up (must be picked up)
- \* Signed by guardian + contact number
- \* We DO NOT grant leave from venues (e.g. living close by)



# Sports Contract

- \* There is an opportunity for students to apply for a sports contract
- \* This is made available to students with exceptional ability in their chosen sport.
- \* There are set guidelines that must be met. Including but not limited to; top 10 for individual sports within the state, selection in state team in previous calendar year.
- \* This is only available to incoming year 7 students from winter sport 2024

# Sports Detention

- \* Sports detention (dismissed at 2.30pm)
- \* Recess follow up the next day to be completed.

# Year 7 Sport

\* **Week 3 to Week 8**, Term 1 (15<sup>th</sup> Feb – 17<sup>th</sup> March 2023 inclusive)

Students will rotate each week in some of the below sports.

- Beach games
- Boat Harbour walk
- Sand dune games
- Competitive Gaming
- Flipout
- Laser Tag
- Fitness
- Surf Skills
- Walking
- Swim / Fun / Safety (for those identified)

# Weekly Sport

- \* Grade Sport (competitive)
- \* Recreational Sport (non-competitive)

# Knockout Sport

- \* We participate in a variety of sports including Soccer, Rugby League, Aussie Rules, Cricket, Water polo, Touch football, Softball, Surfing, Netball, Triathlon etc
- \* Announcements are made on assembly and via E-Diary to inform students regarding trials
- \* These announcements will also include Sydney East Representative trial information